



Amherst Y.E.S. Program



Town of
**Amherst Youth
& Recreation**
Department

What members have said...

*"I am proud to be part of Amherst Y.E.S. because it shows that I do love to give back to the community and to do whatever I can to make other people feel like there is someone here to help them, even with the smallest things."
—Age 16, Sacred Heart Academy*

*"I feel like not only has Amherst Y.E.S. helped me help others, but helped me find a piece of myself. Amherst Y.E.S. have given me a chance to find my strengths and weaknesses as a student, teacher and person."
—Age 16, Williamsville East High School*

*"Through the Amherst Y.E.S. Program, I have learned to appreciate the quality of life that I may have taken for granted. The program has helped me meet new people and go to new environments that really help me to value what I have, while at the same time learn about diversity in my community."
—Age 17, Williamsville South High School*

*"The Y.E.S. Program has helped me shed my shy exterior and meet more people."
—Age 17, Williamsville South High School*



Brian J. Kulpa, Supervisor
Shawn Lavin, Deputy Supervisor
Angela Marinucci, Council Member-Liaison
Jacqualine Berger, Council Member
Michael Szukala, Council Member

Amherst Youth & Recreation Dept.
Mary-Diana Pouli, Executive Director

Amherst Youth Board
Krista Krause, Chair

Amherst Recreation Commission
Timothy Gardner, Chair

**Town of Amherst Youth & Recreation
Youth Engaged in Service Program**
Northtown Center at Amherst
1615 Amherst Manor Drive
Amherst, NY 14221

Antonella Stravalaci, Program Director
631-7210, e-mail: astravalaci@amherst.ny.us

YES is funded by the Town of Amherst Youth & Recreation Dept. and New York State Office of Children and Family Services.

Say Y.E.S.



to Volunteering



Amherst Y.E.S. Program
AMHERST YOUTH ENGAGED IN SERVICE
Town of Amherst Youth & Recreation
Northtown Center at Amherst
1615 Amherst Manor Drive
Amherst, NY 14221

Amherst Y.E.S.



The Program

The Youth Engaged in Service (Y.E.S.) Volunteer Program provides the opportunity for young people ages 12-20 to contribute and participate in the community. Members will provide service by direct interaction with children, senior citizens, low-income families, persons who are mentally and/or physically challenged, charitable organizations, and others in need of assistance.



Spending time with members of the community will help young people to experience personal growth and gain an understanding of their community. Service projects take place after school, in the early evening, or on weekends. Service hours are recorded and count towards school requirements.



All projects utilize groups of volunteers, along with an adult leader.

Activities Include:

- Children's crafts
- Nursing home socials
- Face painting children
- Environmental clean-up
- Charitable organizations



Antonella Stravalaci
Program Director

Phone: 716/631-7210

E-mail: astravalaci@amherst.ny.us

How to get involved

- 1.) You are eligible if you are an Amherst resident and student age 12-20 interested in volunteering for the Amherst Y.E.S. program.
- 2.) Read and discuss this information with your parents so that you and they understand what is involved. If you decide you are interested in joining the program, complete a program application (available at: www.amherst.ny.us keyword: YES).
- 3.) New members are required to attend an orientation prior to volunteering. Orientations are held once each month.

Member Responsibilities

- YOU ARE RESPONSIBLE to show up and BE ON TIME for all YOUTH ENGAGED IN SERVICE activities you sign up for.
- RESPECT all persons being helped, as well as fellow YOUTH ENGAGED IN SERVICE members.
- YOU are required to participate in at least 5 projects or 12 hours a year to be considered a member.
- ALL MEMBERS are required to wear a YOUTH ENGAGED IN SERVICE name tag at all activities.
- Bring a POSITIVE ATTITUDE to all community service projects.
- YOU ARE RESPONSIBLE to provide your own transportation to and from activities, or the Community Center, if transportation is required.